The relationship between mandibular rotation and osseous structure of the TMJ in pre-surgery orthognathic patients: A cone beam CT study

Zane Krisjane, Ilga Urtane, Katrina Gardovska, Iveta Jankovska, Gaida Krumina

SUMMARY

The aim of the study was to assess the relationship between vertical skeletal pattern in terms of mandibular rotation and osseous structural changes of the TMJ in pre- surgical orthognatic patients. TMJ skeletal morphology was evaluated in cone beam computer tomography images of 117 consecutive patients with Class II and Class III dentofacial deformities according to the research diagnostic criteria of the osseous components of the TMJ related to the maxillary-mandibular plane (MM) angle. The distribution of the number and percentage of joints with structural changes in Class II was markedly different in groups divided according to the MM angle. Statistically significant increase was found in the percentage of TMJ's with osseous changes separately for each side, i.e., right (p=0.001), left (p=0.04) and both together (p=0.0001), in the Class II patient group, an increased MM angle indicated backward rotation of the mandible. In Class III patients, there were no statistically significant differences in the number of joints with TMJ structural changes. The presence of mentioned changes was asymmetrical between the left and right joints in both the Class II and Class III patient groups. In conclusion, structural changes in the osseous parts of the TMJ are more common in patients with Class II skeletal dentofacial deformities with backward rotation of the mandible than in Class III pre-surgery orthognathic patients.

Key words: TMJ, dentofacial deformities, orthognathic surgery, CBCT.

INTRODUCTION

An important factor that should be considered when planning treatment for dentofacial deformities is existing relapses caused by destruction of the osseous tissue of the TMJ which is frequently associated with inflammatory or degenerative changes that can result in mandibular morphological and functional changes (1).

Although the TMJ is anatomically characterised as load-receiving, its structure can change through excessive or unbalanced functional loading to produce TMJ dysfunctional remodelling, which in the

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Address correspondence to Dr. Zane Krisjane, 20 Dzirciema street, Riga, LV 1007, Latvia. E-mail address: krisjane.zane@inbox.lv majority of cases passes asymptomatically and affects the function of the joint and occlusal stability, i.e., the volume of the osseous tissue changes, and the length of the mandibular condylar head and mandibular ramus decreases. Reduced mandibular growth in children and adolescents in addition to progressive mandibular backward rotation in adults can develop in such cases (2).

Various controversial beliefs exist regarding changes of the TMJ skeletal structure depending on the type of deformation and its manifestation determined using two-dimensional (2D) radiological investigation methods (3-9).

In maxillofacial radiology, cone beam computed tomography (CBCT) provides a three-dimensional (3D) image and provides a more qualitative evaluation of the TMJ osseous tissue structure than conventional CT; it also offers the advantages of low radiation and the ability to be used in dental practice (10, 11).

Evaluation of the morphological features and quality of TMJ articulating surfaces in 3D CBCT

reconstruction images allows precise judgements regarding osseous structural incompatibilities (12) Evaluation of these using 3D CBCT is thus helpful for investigating in greater depth the morphology of the TMJ and for recognizing the potential degenerative processes in the TMJ leading to increased risk of occlusal stability.

The aim of the current study was to determine the relationship between the vertical rotation of the mandible and the osseous structural changes of the TMJ in pre-surgery orthognathic patients with skeletal Class II and Class III dentofacial deformities using CBCT images.

The hypothesis of our study was that structural changes of the osseous components of the TMJ are related to a backward rotation of the mandible.

MATERIAL AND METHODS

The study included 117 pre-surgery orthognathic patients with dentofacial deformities and without complaints related to the TMJ: 56 skeletal Angle Class II patients (42 patients in Class II subdivision 1 and 14 patients in Class II subdivision 2) and 61 skeletal Angle Class III patients. The average age of the patients was 20.58±4.27 years, and the study groups included 55 or 47% males and 62 or 53% females, respectively. The exclusion criteria for the study were as follows: congenital dentofacial syndromes (including labial and/or palatal cleft), clinically visible skeletal facial asymmetry, rheumatoid or other types of arthritis, trauma in the maxillofacial area in the patient history, complaints regarding temporomandibular disorders, pain in the maxillofacial area, pronounced noise in the temporomandibular joint and previous orthodontic treatment with functional devices and/or fixed appliance.

The study was approved by the permission of the Ethics Committee of Riga Stradins University, with the principles laid down in the Declaration of Helsinki.

The degree of severity of the dentofacial deformity was determined from data obtained from cephalometric analyses of CBCT images in the sagittal plane based on the ANB angle and Witts appraisal values.

Distribution of groups according to the MM angle

The vertical relationships of the jaws were analysed based on the cephalometric data. To classify the study groups, we used the maxillary plane (ANS-PNS) and mandibular plane (Go-Me) angle (MM) to determine the rotation of one or both jaws that deviates from the intersection of the other planes. Based

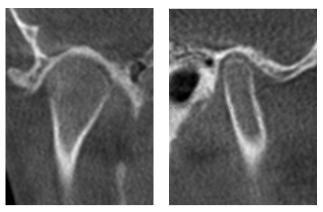


Fig. 1. Coronary plane

Fig. 2. Sagittal plane

on the magnitude of the MM angle, the patients of Class II and Class III were divided into study groups (Table 1). A neutral vertical relationship of the jaws was characterized by an MM angle of $22^{\circ}-32^{\circ}$ or average angle of $27^{\circ}\pm5^{\circ}$; an angle smaller than 22° indicated forward rotation, whereas an angle larger than 32° indicated backward rotation of the mandible (13).

CBCT imaging

In all of the included patients, diagnosis and treatment planning were performed using cone beam computed tomography (CBCT) equipment CBCT (iCAT New Generation, Imaging Sciences International, Inc. Hatfield, PA, USA) before the orthodontic treatment was started.

During the examination, each patient was in a sitting position, with the head in a natural position to ensure maximum intercuspation. A standardised protocol was used for the equipment (voltage, 120 KV; current, 38 mA; field of view (FOV), 17 cm; resolution, 0.4 voxels; approximate dose of radiation, 36μ Sv). For the cephalometric analyses of CBCT data, the Dolphin programme, version 11.0, was used (Dolphin imaging, CA, USA). Analysis of all CBCT images was performed by one of the authors (ZK). The acquired examination data was processed and analysed by applying the software supplied with the iCAT Vision equipment. The presence of structural changes in the osseous structures was assessed in the coronal and sagittal planes (Figures 1, 2) according

 Table 1. Distribution of patients by MM angle in study groups

MM angle	Class II		Class III	
	Ν	%	Ν	%
22°-32°	18	32	34	56
≥32°	22	39	15	26
≤22°	16	29	12	20
Total	56	100	61	100

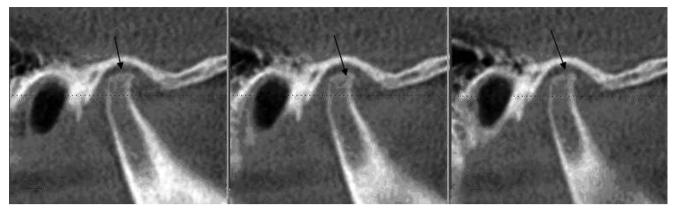


Fig. 3. Articular surface flattening and slight erosive changes of mandibular condyle

to the research diagnostic criteria for temporomandibular disorders (RDC/TMD) Axis I for the CT image analysis of osseous components established by

Table 2. Presence of osseous structural changes of TMJ in Class II subdivisions on the left side

Presence of	Class II sub	division 1	Class II sub	Total	
changes	Number of the joints	%	Number of the joints	%	
No	22	52.4	7	50	29
Yes	20	47.6	7	50	27
Total	42	100	14	100	56

Results non-significant (p=0.88).

Table 3. Presence of osseous structural changes of TMJ signs in Class II subdivisions on the right side

Presence of	Class II sub	division 1	Class II sub	division 2	Total
changes	Number of the joints	%	Number of the joints	%	
No	24	57.14	11	78.57	35
Are	18	42.86	3	24.43	21
Total	42	100	14	100	56
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Results non-significant (p=0.16).

Table 4. Number of joints with osseous structural changes of TMJ related to the MM angle of the right side in Class II

MM I	No signs		Presence of o	Total		
	Number of joints	%	Number of joints	%	Number of joints	%
22° - 32°	9	50.0	9	50.0	18	100
$\geq 32^{\circ}$	10	45.5	12	54.5	22	100
≤22°	16	100	0	0	16	100

Results with statistical significance (p=0.001).

Table 5. Number of joints with osseous structural changes of TMJ related to the MM angle of the left side in Class II

MM	No signs		Presence of	changes	Total		
Angle	Number of joints	%	Number of joints	%	Number of joints	%	
22° – 32°	10	55.6	8	44.6	18	100	
$\geq 32^{\circ}$	9	40.9	13	59.1	22	100	
$\leq 22^{\circ}$	15	93.8	1	6.3	16	100	

Results with statistical significance (p=0.04).

Dworkin (1992) and Ahmad (2009). This analysis included a description of the structural gual-

ity and quantity of the articular condyle and articular fossa/eminence complex in the TMJ with regards to condylar hypoplasia, condylar hyperplasia, articular surface flattening (Figure 3), subcortical sclerosis, subcortical cysts, surface erosion, osteophytes, generalised sclerosis, loose joint body, deviation in form (Figure 4) and ankylosis.

Statistical analysis

The aim of the statistical data analysis was to evaluate the distribution of the osseous structural changes in the study groups. Data regarding the presence of descriptive signs was entered into the database, which later was converted into the database format of the statistical software SPSS (Inc., USA). All calculations were performed using this software. After at least a two-week interval, 71 randomly selected patient scans (i.e., 60% of all included patients) were reevaluated. Dahlberg's approach was used for the calculation of measurement error (Dahlberg, 1940), and an error less than 1 was regarded as tolerable. Mean values and standard deviations were calculated. Distribution frequency/prevalence was assessed. Pearson's Chi-squared test and Fisher's exact test were used to evaluate the statistical significance of differences in prevalence among the groups.

The difference of means between groups was assessed using t-tests for paired data and for non-paired data. For comparison of means among more than two groups, an analysis of variance (one-way ANOVA) with Bonferroni correction (to control for overall II type error) was used.



Fig. 4. Deformation of mandibular condyle, presenting subchondral sclerosis and osteophyte formation

To reject the zero hypothesis and accept the alternative hypothesis, a level of statistical significance of $p \le 0.05$ was used in all cases. and right joints in both Class II and Class III patient groups.

 Table 6. Number of joints with osseous structural changes of TMJ related to the MM angle on both sides in Class II

RESULTS

Analysis of the prevalent osseous structural changes of TMJ revealed a statistically significant difference (p=0.014) between Class II and Class III patients. One or several signs were determined in 38.4% of the Class II group and 28.7% of the Class III group.

Class II subdivision 1 and Class II subdivision 2 patients presented no statistically significant differences in the prevalence of joints affected by structural changes between Class II subdivisions (Tables 2 and 3). The numbers of the joints in which no changes were found and those in which at least one was found was almost equal.

The number of joints presenting changes in Class II was markedly different in groups that were classified based on the MM angle into backward and forward rotation. Statistically significant differences were found in the number of joints affected by osseous changes separately for each side: 54.5% (p=.001) on the right and 59.1% (p=.04) on the left (Tables 4 and 5) sides and 56.8% (p=.0001) in both (Table 6) patient groups; an increased MM angle indicated backward rotation of the mandible.

In Class III patients, there was no statistically significant difference in the percentage of joints with changed skeletal structure and the type of mandibular rotation related to the MM angle. There was an asymmetric distribution of degenerative signs between the right and left TMJs (Tables 7, 8 and 9).

The presence of TMJ osseous structural changes was asymmetrical between the left

MM No signs **Presence of changes** Total angle Number of % Number of % % Number of joints joints joints $22^{\circ} - 32^{\circ}$ 100 19 52.8 17 47.2 36 $\geq 32^{\circ}$ 19 100 43.2 25 56.8 44 $\leq 22^{\circ}$ 96.9 31 32 100 1 31

Results with statistical significance (p=0.0001)

 Table 7. Number of joints with osseous structural changes of TMJ related to the MM angle of the right side (in Class III)

MM	No signs		Presence of	changes	Total		
Angle	Number of joints	%	Number of joints	%	Number of joints	%	
22° – 32°	27	79.4	7	20.6	34	100	
\geq 32°	12	80.0	3	20.0	15	100	
\leq 22°	10	83.3	2	16.7	12	100	

Results with statistical significance (p=0.04).

Table 8. Number of joints with osseous structural changes of TMJ related to MM angle on the left side in Class III

MM	No signs		Presence of	changes	Total		
Angle	Number of joints	%	Number of joints	%	Number of joints	%	
22° - 32°	23	67.6	11	32.4	34	100	
\geq 32°	9	60.0	6	40.0	15	100	
\leq 22°	6	50.0	6	50.0	12	100	

Results non-significant (p=0.54).

Table 9. Number of joints with osseous structural changes of TMJ related to MM angle of both sides (in Class III)

MM	No signs		Presence of	changes	Total		
Angle	Number of joints	%	Number of joints	%	Number of joints	%	
22° – 32°	50	73.5	18	26.5	68	100	
\geq 32°	21	70.0	9	30.0	30	100	
\leq 22°	16	66.7	8	33.3	24	100	

Results non-significant (p=0.8).

A detailed analysis of the prevalence of each type of changes in the condyle and fossa eminence in the Class II patient group indicated that condylar hypoplasia, flattening, subsclerosis, osteophytes, deviation in form and the fossa flattening were present. Subcortical cyst, generalized sclerosis, loose joint body and ankylosis were not found. A higher percentage of previously mentioned signs were observed in the right and left sides of Class II patients with mandibular backward rotation than in the groups with neutral position or forward rotation. Subcortical sclerosis and deviation in form more frequent in the group with neutral mandibular position. The most common sign of osseous changes in patients of the Class III group was flattening of the condyle. There was no difference in the prevalence of TMJ structural

Table 10. Osseous structural changes of TMJ related to MM angle of the right side in Class II

Type of	Ang	le MM					Total	
changes	22°-	32°	≥32°)	≤22°)		
	Ν	%	Ν	%	Ν	%	Ν	%
Condylar hypoplasia	4	22.2	3	13.6	0	0	7	12.5
Flattening	4	22.2	6	27.3	0	0	10	17.9
Subcorticals- clerosis	1	5.6	1	4.5	0	0	2	3.6
Erosion	0	0	2	9.1	0	0	2	3.6
Osteophyte	0		3	13.6	0	0	3	5.4
Deviation	2	11.1	2	9.1	0	0	4	7.1
Ankylosis	0	0	0	0	0	0	0	0
Fossa flatten- ing	0	0	2	9.1	0	0	2	3.6
Total	18	100.0	22	100.0	16	100.0	56	100.0

Results non-significant (p = 0.44).

 Table 11. Osseous structural changes of TMJ related to the MM angle of the left side in Class II

Type of	MM	Angle					Tota	ıl
changes	22°-	-32°	≥32°	5	≤22	0		
	Ν	%	Ν	%	Ν	%	Ν	%
Condylar hypoplasia	3	16.7	3	13.6	0	0	6	10.7
Flattening	4	22.2	9	40.9	0	0	13	23.2
Subcortical sclerosis	2	11.1	2	9.1	1	6.3	5	8.9
Erosion	0	0	2	9.1	0	0	2	3.6
Osteophyte	2	11.1	5	22.7	0	0	7	12.5
Deviation	2	11.1	1	4.5	0	0	3	5.4
Ancylosis	0	0	0	0	0	0	0	0
Fossa flatten- ing	1	5.6	3	13.6	0	0	4	7.1
Total	18	100.0	22	100.0	16	100.0	56	100.0

Results non significant (p=0.53).

incompatibilities related to mandibular rotation. The percentage of joints showing destruction signs was not significantly different among MM angle groups in the Class II and Class III patient groups. The prevalence of osseous changes between the right and left sides was asymmetrical (Tables 10-13).

DISCUSSION

This study of CBCT images evaluated mandibular condyle and articular/fossa structure disorders according to the RDC/TMD related to mandibular rotation in patients with skeletal Class II and Class III dentofacial deformities and found a statistically significant relationship between the radiographic features of TMJ osseous structure changes and man-

dibular backward rotation in Class II patients but not Class III patients.

Our results suggest differing prevalence of TMJ structural changes in different study groups; signs were more frequent in Class II patients than in Class III patients which indicates the role of skeletal discrepancy of the jaws in the development of TMJ osseous destruction. The study groups were classified according to the jaw skeletal discrepancy as determined by the MM rotation angle, which represents the vertical jaw rotation, as the literature data refers to the relationship among vertical planes rotation by a palatal and/or mandibular plane of one or both jaws in patients with dentofacial deformities (16). The number of joints affected by TMJ structural changes was identified in the groups classified according to the MM angle and was the highest in Class II patients with an increased MM angle. TMJ structural changes were observed asymmetrically between the left and rights joints, although these patients had no clinically visible jaw asymmetry. A previous study observed that TMJ problems had wide inter-individual variation even in patients with clinically similar malocclusions (17).

The most frequently occurring TMJ skeletal structural change in the Class II and Class III study groups with mandibular backward rotation was flattening of the articular surface of the condyle and fossa eminence. In the literature, flattening of the articular surface of the TMJ was described to result from remodelling (3), which can be radiologically defined as minor changes in the shape of the bone (4). Such flattening may present in both symptomatic and asymptomatic joints as a

sign of indeterminate osteoarthritis (14), and it can be considered as a functional adaptation (18). The other commonly observed changes of TMJ structure in Class II and Class III patients with mandibular backward rotation were erosion and osteophytes of the condyle. The presence of erosion in joint surfaces characterizes the initial stage of degenerative changes in osteoarthritis and indicates the likely instability of the TMJ osseous structure (14) accompanied by the risk of an altered area of the joint surfaces, which can cause occlusal changes (19). The presence of osteophytes in the joint together with other signs is an important criteria for radiological diagnosis of osteoarthritis; in contrast to erosions, osteophytes occur in the late stage of degenerative changes during adaptation (20).

Based on the RCD/TMD criteria used in the study, the temporomandibular joints were radiologically assessed as a whole with regard to structural changes of osseous tissue quality. Only part of the mentioned diagnostic system was used in the study, and results describe the prevalence of signs in osseous structures but do not provide information about severity.

The literature contains studies that assess the disease based not only on the presence of signs but also on the severity as assessed by the intensity of erosions and osteophytes (21, 22); such analyses allow further considerations regarding the course of degenerative joint destruction.

All of Dworkin's (1) criteria for assessment of changes in the TMJ can be categorized in the following groups: 1) the result of chronic adaption or active on-going changes; 2) changes that have an impact on function of the joint and quality of life, or asymptomatic; 3) changes that are reversible or irreversible. The literature indicates that bone loss in the mandibular condyle may result from the dysfunctional remodelling by orthognathic surgery, systemic and local arthritis, posttraumatic remodelling and hormonal imbalance (2, 23). The clinical manifestations of condylar destruction adversely affect the mechanics and function of the joint, and occlusion is characterised by progressive mandibular backward rotation in adults (2) and is the reason for mandibular growth deviations in childhood and adolescence (24).

An opinion exists, that considerations regarding on-going processes in the TMJ can be based on established changes before orthodontic and orthognathic surgical treatment. However, in the literature, there is insufficient data on the relationship between TMJ structural changes and mandibular vertical rotation, which may be an important factor in the prediction of the stability of orthodontic and orthognathic surgery treatment results. It is difficult to compare our results with existing data in the literature because of different radiological methods and the diversity of the diagnostic criteria used in the studies.

A conventional cephalometric study of mandibular advancement surgery in Class II patients demonstrated that high-angle patients were associated with both a higher frequency and a greater magnitude of horizontal relapse (25). Clinical examination of the TMJ before and after orthognathic surgery showed that counter-clockwise rotation of the mandible is related to a slight increase in muscular symptoms after bilateral sagittal split osteotomy. All symptoms tended to decline over time, which suggests that the amount of advancement and mandibular rotation should not be considered as risk factors for the development of TMD in patients without pre-existing conditions (26).

 Table 12. Osseous structural changes of TMJ related to MM angle of the right side in Class III

Type of	MM	MM Angle						Total	
changes	22°–32°		≥32°		≤22°	5			
	Ν	%	Ν	%	Ν	%	Ν	%	
Condylar hypoplasia	0	0	1	6.7	0	0	1	1.6	
Flattening	4	11.8	2	13.3	2	16.7	8	13.1	
Osteophyte	1	2.9	0	0	0	0	1	1.6	
Deviation	2	5.9	0	0	0	0	2	3.3	
Fossa flatten- ing	1	2.9	0	0	0	0	1	1.6	
Total	34	100.0	15	100.0	12	100.0	61	100.0	

Results non-significant (p=0.59).

 Table 13. Osseous structural changes of TMJ related to MM angle of the left side in Class III

Type of	MM	Angle					Total	
changes	22°–32°		≥32°		≤22°			
	Ν	%	Ν	%	Ν	%	Ν	%
Condylar hypoplasia	0	0	0	0	1	8.3	1	1.6
Flattening	9	26.5	4	26.7	3	25.0	16	26.2
Subcorticals- clerosis	1	2.9	0	0	1	8.3	2	3.3
Osteophyte	2	5.9	1	6.7	0	0	3	4.9
Deviation	0	0	1	6.7	1	8.3	2	3.3
Fossa flatten- ing	0	0	1	6.7	0	0	1	1.6
Total	34	100.0	15	100.0	12	100.0	61	100.0

Results non-significant (p=0.43).

CONCLUSION

The most common changes of osseous structures in the TMJ are related to skeletal Class II pre-orthognathic surgery patients with mandibular backward rotation.

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Long-term observation allows the understanding of whether mandibular rotation is the cause or consequence of TMJ destruction in orthodontic and orthognathic surgery, and aids in determining instability in patients with dentofacial deformities.

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